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Mrs. Tina Kallas

Mr. James Gilpin

Mrs. Kathy Meck

Mrs. Angel Gilpin

Mrs. Sophia Mellos

SUNDAY, SEPT 20, 2020

Sunday after the Holy Cross

Epistle Reading: Galations 2:16-20 Red Divine Liturgy Book Pg. 151 Gospel Reading: Mark 8:34-38; 9:1 Red Divine Liturgy Book Pg. 151

<u>The Hymn of St. Spyridon:</u> can be found on the <u>inside back cover</u> of the red Divine Liturgy book.

<u>Pre-Communion Prayers:</u> offered <u>before</u> receiving Holy Communion can be found on <u>page 29</u> of the <u>Red Divine Liturgy book</u>.

<u>Thanksgiving Prayers:</u> offered <u>after receiving Holy Communion can be found on page 40 of the Red Divine Liturgy book.</u>

The Memorial Service: can be found on page 164 of the red Divine Liturgy book.

WELCOME - AND A FEW WORDS ABOUT COMMUNION... We warmly welcome all visitors and seekers in our midst today, trusting that your experience here will be an uplifting and enriching one. The Greek Orthodox Churches are the ancient and native communities of the biblical world, with centers in the Holy Lands, Syria, Egypt and Asia Minor, and by extension in Greece, Cyprus and thoughout the world. Like the ancient Christians, we engage the whole person, heart, mind and all senses in Divine Worship. This experience has been so powerful to seekers in the past that it was often said "We knew not whether we were in heaven or on earth. We knew only that there God dwelt among human beings." That communion experience of heaven on earth and God in our midst forms the heart of all Orthodox worship. It culminates in the sharing of Holy Communion, which not only unites us with the Divine, but also expresses the deep unity in faith and life between all Orthodox believers. Since Holy Communion expresses that deep unity in belief and practice alike, it is reserved for observant Orthodox Christians. This does not mean, however, that non-Orthodox are 'excluded' - rather, the Orthodox choose not to make an external display of unity when actual unity does not exist. While working to restore the full communion that did exist in antiquity, today we offer the sign of the blessed bread at the service's conclusion as a symbolic gift of hospitality and growing unity that is offered to all present. If you would like to learn more about the Orthodox way of life, or have any questions about worship or Holy Communion, please approach Fr. Andrew following services. We welcome you all.

THE ORDER OF PROCESSION WHEN RECEIVING HOLY COMMUNION - At the time of Holy Communion we ask that you approach the Cup from the center aisle and then return to your pew by the side aisle. Once again, we will allow the Sunday School children and their teachers to approach the Cup first, then the Choir and then you the faithful approach at the direction of the Parish Council. Thank you for your patience and understanding.

MEMORIALS: Litsa Panos - 3 years

ST. SPYRIDON CHURCH NEWS, EVENTS AND ANNOUNCEMENTS

Stewardship Corner - As another summer season is ending, during which our society refers to as "these uncertain times," as most assuredly they are, we, the Stewardship Committee, are reminded once again what an honor it is to serve you, the faithful members of St. Spyridon Greek Orthodox Church here in San Diego. We would once again like to say "thank you" for your thoughtful and steady support of our stewardship ministry, especially during this trying time. It is not an understatement to say once again that your unwavering support of your beloved parish, through what is most certainly an historic and unique period of American history allows the Parish Council and its many and varied ministries to support you, both as individuals and families. Thus, we respectively ask you to help financially support your church parish as we navigate together through this unprecedented and challenging time.

On behalf of the Parish Council, the Stewardship Committee once again sends a heartfelt "thank you" in advance for your positive response.

Respectfully, John T. Kalas - Stewardship Committee Chair

Fr. Andrew Scordalakis

<u>Munchies, Mimosas, and More</u> - The Ladies of Philoptochos miss you all and invite you to our annual "Munchies, Mimosas and More" virtual event. This will be a great opportunity to connect with our church family following Liturgy on **Sunday**, **Sept. 27th** from the comfort of your home. Please see the information below and click on https://bit.ly/2FiUeHW for easy pre-registration. We look forward to seeing you and connecting with you all. Thank you!

<u>College Connection</u> - If your son or daughter is attending college (including community college, undergraduate or graduate school) both here in San Dlego or away from home, we would like to reach out to them with some love from their St. Spyridon Philoptochos family. Please send their name, email, college mailing address, cell phone number, and school name to **Erika Couris at ecouris70@gmail.com or (619) 865-4867**.

<u>Distance Sunday School Has Started</u> - Children, grades K- 12, can participate in Sunday School Zoom classes each Sunday at 11:30 AM. Adult Sunday School will be meeting every other week with Deacon Michael. Register your children for Sunday School today! ALL NEW AND RETURNING STUDENTS must complete a Sunday School Registration Form. Click HERE to complete the Registration Form. Contact Julie Dennis with questions, 619-618-5116, sundayschool.stspyridon@gmail.com. Printable forms can be accessed via St. Spyridon website at http://stspyridon.org/ministries/sunday-school

Welcome to the San Diego Greek Language School 2020/21 School Year! - Online Registration is now open on our school website: http://www.stspyridongreekschool.org. Fall Classes will resume online via Zoom from October 1, 2020 to January 16, 2021. The Spring semester will begin January 28 to June 5, 2021. As we look forward to beginning our school year, it is necessary for each student to register online as soon as possible. Completing the enrollment process ahead of time will allow us time to prepare for the new school year and ensure that each student is enrolled in the program that best meets his/her needs Please feel free to contact us for any questions at info@stspyridongreekschool.org

Thank you, Athena Kotinopoulos Georges, M.Ed., Greek School Director

<u>Light a Candle "From Afar"</u> - Lighting a candle as we enter the narthex of the church is one real way we express our presence within the Body of Christ as we offer a prayer. If you would like to light a candle to express your presence "from afar" visit our website and follow the directions found there. Then, Fr. Andrew will receive your message and light your candle and offer a prayer. www.stspyridon.org.

<u>AmazonSmile</u> - Register at AmazonSmile (smile.amazon.com) and select "St. Spyridon Greek Orthodox Church - San Diego, CA" before you make your first purchase. Amazon will remember your selection and each time a purchase is made AmazonSmile will donate 0.5% back to our parish.