

Parish Priest  
 Secretary  
 Secretary  
 Lead Chanter  
 Parish Council President  
 Sunday School Director  
 Philoptochos President  
 Choir Master  
 Acolyte Leader  
 Senior Citizens  
 GOYA Directors  
 Women of the Word  
 Greek Language School Director  
 Library and Bookstore  
 Welcoming Committee  
 Legacy & Gift Planning Chair  
 Papanicolaou Scholarship  
 Pan Arcadians  
 AHEPA

**St. Spyridon Greek Orthodox Church**  
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Fr. Andrew Scordalakis  
 Mrs. Vicky Ragousis  
 Mrs. Tina Kallas  
 Mr. Michael Haddad  
 Mr. Spero Tzathas  
 Mrs. Alina Kleinhenz  
 Mrs. Marian Dougenis  
 Mrs. Kathy Meck  
 Mrs. Angel Gilpin  
 Mrs. Sophia Mellos  
 Mrs. Bill Navrides & Mrs. Stephanie Navrides  
 Mrs. Susan Miserlis  
 Mrs. Athena Georges  
 Mrs. Mary Mastorakos  
 Mrs. Janet Burgess, Ms. Maria Kelmis, Mr. John Burgess  
 Mr. Themis Gallanis  
 Mrs. Helen Mellos  
 Ms. Adrienne Bell  
 Mr. Dino Gougoulas

**SUNDAY, MAY 20, 2018**

**Fathers of the First Ecumenical Council**

Orthros 8:30 am; Divine Liturgy 10:00 am  
 Epistle Reading: Acts 20:16-18, 28-36 **Red Divine Liturgy Book Pg. 60**  
 Gospel Reading: John 17:1-13 **Red Divine Liturgy Book Pg. 61**

**ALTAR SERVER TEAM:**

**St. Basil:** Captain: Dimitri Gilpin, Manolis Andronikos, Michael Angeles, John Burrell, Eric Dahl, Demetri Giannousopoulos.

**NARTHEX DUTY TEAM:**

**St. Spyridon:** Spero Tzathas, Team Leader; Julie Karagianides, Jim Gilpin, Stephanie Mastorakos.

**The Hymn of St. Spyridon:** can be found on the **back cover** of the red Divine Liturgy book.

**Pre-Communion Prayers:** offered **before** receiving Holy Communion can be found on **page 29** of the **red Divine Liturgy book.**

**Thanksgiving Prayers:** offered **after** receiving Holy Communion can be found on **page 40** of the **red Divine Liturgy book.**

**The Memorial Service:** can be found on **page 164** of the **red Divine Liturgy book.**

**WELCOME - AND A FEW WORDS ABOUT COMMUNION...** We warmly welcome all visitors and seekers in our midst today, trusting that your experience here will be an uplifting and enriching one. The Greek Orthodox Churches are the ancient and native communities of the biblical world, with centers in the Holy Lands, Syria, Egypt and Asia Minor, and by extension in Greece, Cyprus and throughout the world. Like the ancient Christians, we engage the whole person, heart, mind and all senses in Divine Worship. This experience has been so powerful to seekers in the past that it was often said "We knew not whether we were in heaven or on earth. We knew only that there God dwelt among human beings." That communion experience of heaven on earth and God in our midst forms the heart of all Orthodox worship. It culminates in the sharing of Holy Communion, which not only unites us with the Divine, but also expresses the deep unity in faith and life between all Orthodox believers. Since Holy Communion expresses that deep unity in belief and practice alike, it is reserved for observant Orthodox Christians. This does not mean, however, that non-Orthodox are 'excluded' - rather, the Orthodox choose not to make an external display of unity when actual unity does not exist. While working to restore the full communion that did exist in antiquity, today we offer the sign of the blessed bread at the service's conclusion as a symbolic gift of hospitality and growing unity that is offered to all present. If you would like to learn more about the Orthodox way of life, or have any questions about worship or Holy Communion, please approach Fr. Andrew following services. We welcome you all.

**THE ORDER OF PROCESSION WHEN RECEIVING HOLY COMMUNION** - Please allow our Sunday School children and their teachers to be the first to receive so they can depart for their lessons. Specifically, 5th grade and up should come on the right side (without parents) before the choir and proceed to class immediately. Then, allow the choir to approach also from the right side. Then, quietly, row by row, at the direction of the Parish Council members, those remaining in the pews are asked to move into the center aisle, receive Holy Communion and return to their pew for the remaining Thanksgiving Prayers using the side aisles.

**WEEKLY SERVICES:**

Saturday, May 26th

Saturday of Souls

Orthros - 9:00 am & Divine Liturgy - 10:00 am

**SUNDAY'S MEMORIALS:**

Spyros Vartelas - 3 months  
 John Karnazes - 1 year  
 Helen Karnazes - 1 year

Elias Katsoulas - 6 months  
 Kathy Katsoulas - 1 year  
 Kenneth Weil - 4 years

**FELLOWSHIP HALL & COFFEE HOUR:**

Today's fellowship and coffee hour is graciously offered by the Karnazes family in loving memory of John and Helen Karnazes. May their memories be eternal!

It is also in honor of our Sunday School teachers for their tireless dedication. Ice cream with all the fixings will also be served. Congratulations to all our graduates!

**ST. SPYRIDON CHURCH NEWS, EVENTS AND ANNOUNCEMENTS**

**Condolences** - to the family and friends of **Vasiliki Kassis** who passed away. **The Trisagion Service will be held at El Camino Mortuary (Sorrento Valley) on Monday, May 21st at 7:00 pm. The Funeral Service will be held at St. Spyridon GOC on Tuesday, May 22nd at 1:00 pm.** May her memory be eternal.

**AHEPA Sunday** - Today the Archdiocese acknowledges AHEPA for its philanthropic service and commitment to serve our Greek Orthodox community with good works and care. Ask our members about our local scholarship programs. **AHEPA will help sponsor the Greek School "OXI" Dinner Dance (Live Music) this coming October 27th. More information to follow. Join us today after the Divine Liturgy for a complimentary BBQ in the Educational Building Courtyard. Everyone is welcome!**

**Youth Choir Parent Meeting** - Youth Choir parent meeting following Sunday School promotion **today!** Please come into the church and join us.

**2018 Greek Festival Cooking & Baking Schedule** - Come join in the fun as we prepare the delicious food and pastries that our church festival is famous for. Please note the following updated schedule: **Tuesday, May 22nd** - 9:00 am: Kourambiethes & Melomakarona, **Tuesday, May 29th** - 9:00 am: Baklava. Any amount of time you can contribute is appreciated! Lunch will be provided, along with the opportunity to participate in drawings for prizes! **Questions? Contact Gina Balourdas (858-204-1016) or Christine Tradas (619-253-4153)**

**2018 Greek Festival - Volunteers Needed!!** - To sign up for your shift, please call **Stella Weil at 858-694-0570, 4weils@sbcglobal.net, or go to http://www.sdgreekfestival.com/volunteer.**

**New This Year!** - Select Greek pastries can be purchased from our online Pastry Shoppe now, and picked up during the festival weekend. One dozen koulourakia and a box of 8 baklava will be decoratively packaged for gift-giving or enjoying at any time. **Visit [sdgreekfestival.com](http://sdgreekfestival.com) to place your order.** As always, a large selection of pastries will be also available for purchase during the festival weekend. Tell your friends!

**Philoptochos (With St. Paul's Cathedral)** - Philoptochos is collecting packaged socks and undergarments for local homeless men and women. **Please bring your donations to the marked bin by the Philoptochos table in the hall.** Clothing will be distributed by Philoptochos and staff at St. Paul's Cathedral on 5th Avenue during their monthly breakfast and shower event for the homeless of Balboa Park and surrounding area.

**SAVE THE DATE** - **GOYANS join us on Saturday, June 16th** for our annual Pool Party and elections for the 2018-2019 board. We will be meeting at the home of Clem and Maggie Samouris - 9442 Pagoda Tree Lane, San Diego, 92127 at 4 pm. **GOYANS PLEASE** bring your towels for swimming **AND** your families as **ALL** are welcome. **Please RSVP by June 11th to [marianafrangos@gmail.com](mailto:marianafrangos@gmail.com) or (858) 945-4123. Remember if you want to run for office you MUST be at the June 16th Pool Party.**

**Metropolis Church Music Conference** - August 24th - 26th, 2018. How much do you love your choir? We need your help! Would you like to be on the committee for the event? Help in any way? **Please contact Kathy Meck or any choir member.**