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St. Spyridon Greek Orthodox Church 3655 Park Boulevard San Diego, CA 92103 Office (619) 297-4165 Fax (619) 297-4181 www.stspyridon.org



Mr. Michael Haddad Mr. Spero Tzathas Mrs. Alina Kleinhenz Mrs. Marian Dougenis Mrs. Kathy Meck Mrs. Angel Gilpin Mrs. Sophia Mellos Mr. Bill Navrides & Mrs. Stephanie Navrides Mrs. Susan Miserlis Mrs. Athena Georges Mrs. Mary Mastorakos John Burgess, Adrienne Bell, Franceen Kakavoulis-Perera Mr. Themis Gallanis Mrs. Helen Mellos Ms. Adrienne Bell Mr. Dino Gougoulas

Fr. Andrew Scordalakis

Dn. Michael Kallas

Mrs. Vicky Ragousis

Mrs. Tina Kallas

SUNDAY, OCT 14, 2018

Sunday of the 7th Ecumenical Council

Divine Liturgy 9:00 am

Epistle Reading: Titus 3:8-15 Red Div Lit Book Pg. 152

Gospel Reading: Luke 8:5-15 Red Divine Liturgy Book Pg. 153

ALTAR SERVER TEAM:

Pan Arcadians

AHEPA

St. Basil: Captain: Dimitri Gilpin, Manolis Andronikos, George Burrell, James Burrell, John Rurrell, Frie Dahl, Coorgo Dougrapis, Jack Dougrapis, Androw Kaitson

Burrell, Eric Dahl, George Dougenis, Jack Dougenis, Andrew Kaitson.

NARTHEX DUTY TEAM:

St. Basil: Bill Navrides, Team Leader; Dino Dougenis, Paul Kaitson, Greg Balourdas,

Rhad Brown.

<u>The Hymn of St. Spyridon:</u> can be found on the back cover of the red Divine Liturgy book.

<u>Pre-Communion Prayers:</u> offered **before** receiving Holy Communion can be found on **page 29** of the **red Divine Liturgy book**.

<u>Thanksgiving Prayers:</u> offered after receiving Holy Communion can be found on page 40 of the red Divine Liturgy book.

The Memorial Service: can be found on page 164 of the red Divine Liturgy book.

WELCOME - AND A FEW WORDS ABOUT COMMUNION... We warmly welcome all visitors and seekers in our midst today, trusting that your experience here will be an uplifting and enriching one. The Greek Orthodox Churches are the ancient and native communities of the biblical world, with centers in the Holy Lands, Syria, Egypt and Asia Minor, and by extension in Greece, Cyprus and thoughout the world. Like the ancient Christians, we engage the whole person, heart, mind and all senses in Divine Worship. This experience has been so powerful to seekers in the past that it was often said "We knew not whether we were in heaven or on earth. We knew only that there God dwelt among human beings." That communion experience of heaven on earth and God in our midst forms the heart of all Orthodox worship. It culminates in the sharing of Holy Communion, which not only unites us with the Divine, but also expresses the deep unity in faith and life between all Orthodox believers. Since Holy Communion expresses that deep unity in belief and practice alike, it is reserved for observant Orthodox Christians. This does not mean, however, that non-Orthodox are 'excluded' - rather, the Orthodox choose not to make an external display of unity when actual unity does not exist. While working to restore the full communion that did exist in antiquity, today we offer the sign of the blessed bread at the service's conclusion as a symbolic gift of hospitality and growing unity that is offered to all present. If you would like to learn more about the Orthodox way of life, or have any questions about worship or Holy Communion, please approach Fr. Andrew following services. We welcome you all.

THE ORDER OF PROCESSION WHEN RECEIVING HOLY COMMUNION - Please allow our Sunday School children and their teachers to be the first to receive so they can depart for their lessons. Specifically, they should line up in the center aisle, commune, file out through the side aisles, exit through the Narthex, and proceed to class immediately. Then, allow the choir to approach. Then, quietly, row by row, at the direction of the Parish Council members, those remaining in the pews are asked to move into the center aisle, receive Holy Communion and return to their pew for the remaining Thanksgiving Prayers using the side aisles.

FELLOWSHIP HALL & COFFEE HOUR:

Today's fellowship and coffee hour is graciously offered by St. Spyridon's GOYA. Please join us on November 3rd for our next GOYA event.

ST. SPYRIDON CHURCH NEWS, EVENTS AND ANNOUNCEMENTS

<u>Ancient Wisdom & Modern Coffee</u> - Sunday School class for adults (taught by Dn. Michael Kallas, MA, MDiv). Please join us as we follow the bible readings from <u>Pascha to Pentecost</u> to study the gospel according to St. John (Today, & Oct. 21st). We meet in the lounge following the Divine Liturgy. Please bring your bible.

<u>Bookstore: EIKONA CD's</u> - For those of you who missed the Eikona Concert or who want to relive the Concert, the Bookstore is now selling a variety of their CD's. A favorite seller is "Paraklesis: The Mother of Light". Come visit!

<u>Greek School</u> - Saturday, October 27th "OXI" Dinner/Dance. AHEPA is sponsoring our Greek school with this event. Enjoy the appetizers, full dinner & dessert with table wine, auction, raffle and LIVE GREEK MUSIC! Starts at 6:00 PM in the Cypress Room. Tickets are \$40 per person. We will be honoring Spero Tzathas.

<u>NEW Mature Orthodox Singles</u> - 30 years & older, are invited to join for monthly Vespers and Potluck. Next event is on Saturday, October 27th at 5:00 p.m. at St. Katherine Mission Church. 2720 Loker Avenue W., Ste. C, Carlsbad. Please contact Sandi at mososd2018@gmail.com for more information.

<u>Hellenic Fairways 2018 Registration</u> - is now open! This year's golf fundraiser is **Friday**, **November 2nd at Willowbrook Golf Club** and part of the proceeds will benefit Veteran's Village of San Diego. **Register online at HellenicFairways.com or contact Rhad Brown at HellenicFairways@gmail.com**.

<u>GOYAns Save The Date</u> - Saturday, November 3rd – please join us in the GOYA room for dinner/discussion with St. Nicholas Ranch Summer Camp Boys Director Connor Kruse. We are excited to have Connor with our GOYAns for the 3rd year in a row. After dinner, Connor will be with the high schoolers and Mrs. Navrides will lead a discussion for the middle schoolers (7th and 8th grades) in the Sunday School room. Meet at GOYA room at 5:00 pm. PLEASE RSVP by November 1st at navridesfamily@gmail.com or 619-992-6775.

<u>Philoptochos</u> - Race for the Cure. Please join Team Anthousa on Sun, Nov 4th at Balboa Park as we walk to help support family and friends that have been affected by Breast Cancer. We will attend church after the walk since the event is over by 10 am. See Christina Vassos for registration information.

<u>Calling All Military Veterans!</u> - One of our parishioners will be hand-stitching a new military service banner to honor Post-WWll veterans. If you, or a loved one, would like to be included in this banner, please submit your full name and branch of service, with a phone number or email address to Soula De La Riva at (760) 521-0471 or soula.delariva@cox.net. And don't forget to join us as we celebrate on Military Appreciation Sunday - November 4, 2018.

<u>Thanksgiving Luncheon</u> - November 11th after Divine Liturgy. Please join us as our Ladies prepare a delicious traditional Thanksgiving meal. Tickets sell out every year so <u>make your reservations with payment soon</u>. Prices are \$25 for adults and \$15 for children 12 and under. Make your reservations at www.anthousa. org, or with the reservation form, or call the church office at 619-297-4165.

COLLEGE CONNECTION - Attending college or university is something a lot of young adults look forward to. Here at St. Spyridon Philoptochos we want to make sure that our college students, whether staying here in San Diego or going away, don't lose their connection to St. Spyridon. With that in mind, we have created "College Connection". College Connection will reach out to our college students a couple of times per year with inspiring notes, care packages, etc. to let those students know that we are cheering them on from home. If your son or daughter will be attending college in the fall (including community college, undergraduate or graduate school), we would like to reach out to them with some love from their St. Spyridon Philoptochos family. Please send their postal mailing address and email address while they are in college, as well as the name of the school they are attending to Michelle Defelippi at mdefelippi@san. rr.com. If you have any questions or concerns, please don't hesitate to contact Michelle at the above email or (858) 695-9772.

<u>2018-1270</u>